

SWASAP 2026

28 March 2026 • Hosted by Bloemfontein Achilles • Bloemfontein

PUSH BEYOND LIMITS

Distances: 32KM	21.1KM	10KM	4.9KM Fun Run
Entry Fee: R 200	R 180	R 130	R 50
Start Time: 6:00 AM	6:15 AM	6:30 AM	6:45 AM

SATURDAY 28 MARCH 2026

Venue: Bloemfontein Achilles Club, c/o Att Horak Street and Parfitt Avenue, Bloemfontein, Free State
 GPS: Lat: -29.118211 Long: 26.206680
 Start and finish for all distances in Att Horak Street



Entries, Registrations, Payments and Number Collection:

Online: <https://entries.chiptimer.co.za/>

Manual Pre-Entry: No manual entries

Final Entry: 26 and 27 March 2026 at Achilles Running Club (17h00 - 20h00)

Card facilities will be available

No printed entry forms for manual entry - entry will be electronic with QR code / weblink

No race entries will be taken on race day for 10km, 21km and 32km's

Number Collections: 26 to 27 March 2026 at Achilles Running Club (17h00 - 20h00)

Saturday before the race - only for online or pre-entries

(i.e no registrations on race day)

General Information



Permanent 2026 ASA licence number or 2026 Temporary licence must be purchased with entry for 32km, 21.1km and 10km
 Every finisher will receive a medal; waterpoints every 3km's; Route description - in and out, flat route
 Distance markers and route boards every kilometre; Direction arrows, boards and road markings on the route itself
 Participants must familiarise themselves with the route on the participating distance to be run
 Wearing of age bib compulsory and must be visible
 Parking is available but at own risk/responsibility
 Toilets, dressing rooms and showers are available; Sleeping facilities are not available
 Gazebo areas for clubs are available but tog bag facilities are not available
 Route maps of the different distances will be available at the entry table, on our Facebook page, on our website or can also be requested



Leading vehicles for first men and women in the different distances; For 4.9km Fun Run, 1 leading car
 Cut-off times: 32km - 4h30m, 21.1km - 3hrs, 10km - 2hrs and 4.9km Fun Run- 1hr
 Medical services available at the finish line and roaming the route - VR Med 0820741617
 Runners must observe all Health and Safety Regulations
 No earphones (except hearing aids), pets or prams or any electronical devised are permitted
 More information and race updates at <https://www.facebook.com/bloemachilles>
<https://www.bloemachilles.co.za>

Prizes and Prize-giving

Prize-giving: For 32km at 9h00, 21.1km at 8h30, 10km at 8h00; After results have been approved and made available by AFS TO Delegate. Appeal ruling within 30min after results are available.

Prizes - Open: Gold, Silver and Bronze medal for 1st, 2nd and 3rd place overall for 32km, 21.1km and 10km (male and female)

32km's 1st Prize - R2,000; 2nd Prize - R1,500; 3rd Prize - R1,000 (overall ,male and female)

21km's 1st Prize - R1,500; 2nd Prize - R1,000; 3rd Prize - R750 (overall ,male and female)

10km's 1st Prize - R1,000; 2nd Prize - R750; 3rd Prize - R500 (overall, male and female)

Prizes - Age Categories: 32km's - 40-49yrs - R500; 50-59yrs - R500; 60+ - R500 (male and female)

21km's 1st Junior - R500; 40-49yrs - R500; 50-59yrs - R500; 60-69yrs - R500; 70+ - R500 (male and female)

10km's 1st Junior - R500; 40-49yrs - R500; 50-59yrs - R500; 60-69 - R500; 70+ - R500 (male and female)

Contact Details

Race Director: Wayne Beelders 082 440 4229 info@bloemachilles.co.za

Technical Official: Johan Landman 082 590 4723

Safety Officer: Wayne Beelders 082 440 4229



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